



ORGANIZING
 Psychowaves Institute & Clinic
 In Collaboration with Kundan Vidya Mandir
 Senior Secondary School, Ludhiana



COUNSELLORS MEET 2026

A HIGH-IMPACT GATHERING FOR
 COUNSELLORS, PRINCIPALS &
 EDUCATION LEADERS



DATE
 11 JULY
 2026



TIME
 8:00 AM –
 2:30 PM



VENUE
 KUNDAN VIDYA MANDIR,
 LUDHIANA, PUNJAB



AUDIENCE
 700+
 PROFESSIONALS

OUR SPEAKERS



Dr. Jitendra Nagpal
 Keynote Speaker



Dr. Krishan Kumar Soni
 Skill Workshop



Mrs. Geeta Mehrotra
 Expert Lecture



Mr. Surinder Sharma
 Engagement Session



Mr. Pankaj Joshi
 Principal, Kundan Vidya
 Mandir School



Dr. Tarlochan Singh
 Director,
 Psychowaves

PATRON

CHAIRPERSON

REGISTRATION INCLUDES COUNSELLORS MEET 2026

- Full Access to all Conference Sessions
- Exclusive Counsellors Meet Kit / Conference Kit
- Welcome Tea & Refreshments
- High Tea
- Lunch
- Participation Certificate
- Networking & Interaction with Leading Experts, Counsellors, Psychologists, Educators & Professionals
- Exchange Ideas, Build Collaborations & Learn Practical insights
- Inspiring Expert Talks & Panel Discussions

WHO CAN ATTEND?

- School Counsellors
- School Principals
- School Owners
- Wellness Teachers
- Educational Administrators
- Academic Directors
- Psychologists in Educational Institutions

REGISTER NOW



WHY JOIN?

- LIMITED SEATS
- EXCLUSIVE MEET
- PROFESSIONAL CERTIFICATION
- NATIONAL NETWORKING

KEY HIGHLIGHTS

Expert Talks & Panel Discussions

Learn Practical Strategies & Insights

Build Meaningful Collaborations

Professional Growth

Be Part of a Vibrant Education Community



DON'T MISS THIS OPPORTUNITY!
 CONNECT. LEARN. GROW TOGETHER.



FOR REGISTRATION & ENQUIRIES:

97799-18202

75081-86789

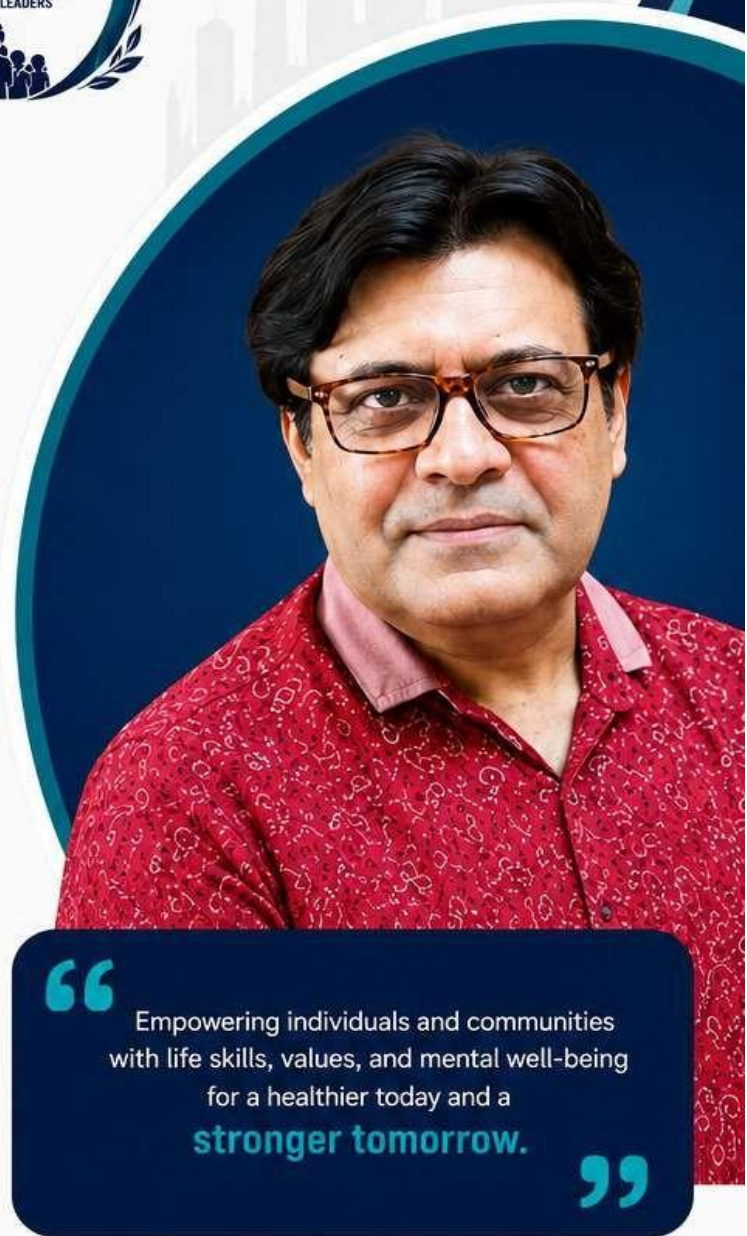
info@psychowaves.in

Digital Partner **clousor**

ABOUT THE SPEAKER

DR. JITENDRA NAGPAL MD (NIMH)

-  Program Director of Expressions India – The National Life-Skills, Values, Community and School Wellness Program.
-  The Expressions India programme has over **6500** Child and Adolescent development/education workshops, training programmes and community seminars to its credit.
-  A large number of schooling systems and higher education institutions in the country regularly seek technical expertise from Expressions India for their advocacy, research, training and enrichment.
-  He has conducted a large number of corporate workshops on **Work Life Balance**.
-  Senior Consultant Psychiatrist and Head of the Institute of Mental Health and Life Skills Promotion and Institute of Child Development and Adolescent Health & Holistic Wellbeing, **New Delhi**.
-  An eminent mental health professional, trainer and advocate for holistic well-being, child and adolescent mental health, life skills education, and value-based community development.
-  His vision and leadership continue to inspire positive change in individuals, families, schools, and communities across India.



“ Empowering individuals and communities with life skills, values, and mental well-being for a healthier today and a **stronger tomorrow.** ”

 **11 JULY 2026**
SATURDAY

 **KUNDAN VIYYA KANDUR**
LUDHIANA, PUNJAB

HIS IMPACT, OUR FUTURE

 6500+ CHILD & ADOLESCENT DEVELOPMENT WORKSHOPS & PROGRAMMES	 TRUSTED BY SCHOOLS & HIGHER EDUCATION INSTITUTIONS ACROSS INDIA	 CORPORATE & EXPERT CONDUCTED NUMEROUS WORKSHOPS ON WORK LIFE BALANCE	 MENTAL HEALTH LEADER PROMOTING WELL-BEING, LIFE SKILLS & VALUE-BASED DEVELOPMENT	 BUILDING RESILIENT COMMUNITIES THROUGH ADVOCACY, TRAINING & RESEARCH
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WHY PARTNER WITH US

This is your opportunity to position your brand in front of a key audience in education and counseling. Together, we can drive meaningful change, foster collaboration, and shape the future of psychological well-being and education in India.

LET'S COLLABORATE FOR A BETTER, STRONGER, AND HEALTHIER TOMORROW!



LEARN
Gain insights.
Share knowledge.



CONNECT
Build relationships.
Create networks.



GROW
Empower growth.
Drive change.



PsychoWaves[®]
Institute & Clinic

Learn. Connect. Grow.



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ABOUT THE SPEAKER

DR. KRISHAN KUMAR SONI

MA, MPhil, PhD (Clinical Psychology)

Additional Professor, Department of Psychiatry,
PGIMER Chandigarh



Highly distinguished Clinical Psychologist with over two decades of excellence in clinical practice, research, academics, and mental health leadership.



Nationally renowned expert in child psychology, behavioral health, developmental concerns, counseling systems, and psychological well-being.



Advisor, subject expert, and committee member for prestigious national institutions including CBSE, ICMR, RCI, and multiple expert panels on clinical psychology and rehabilitation.



Instrumental in shaping national counseling guidelines, educational mental health frameworks, and rehabilitation policies.



Active contributor to Rehabilitation Council of India (RCI) through professional standards development and expert recommendations.



Esteemed editor, reviewer, and editorial board member for numerous reputed national and international journals in psychology and mental health sciences.



Prolific author of influential books, publications, and professional resources on clinical psychology, child mental health, counseling practices, and therapeutic interventions.



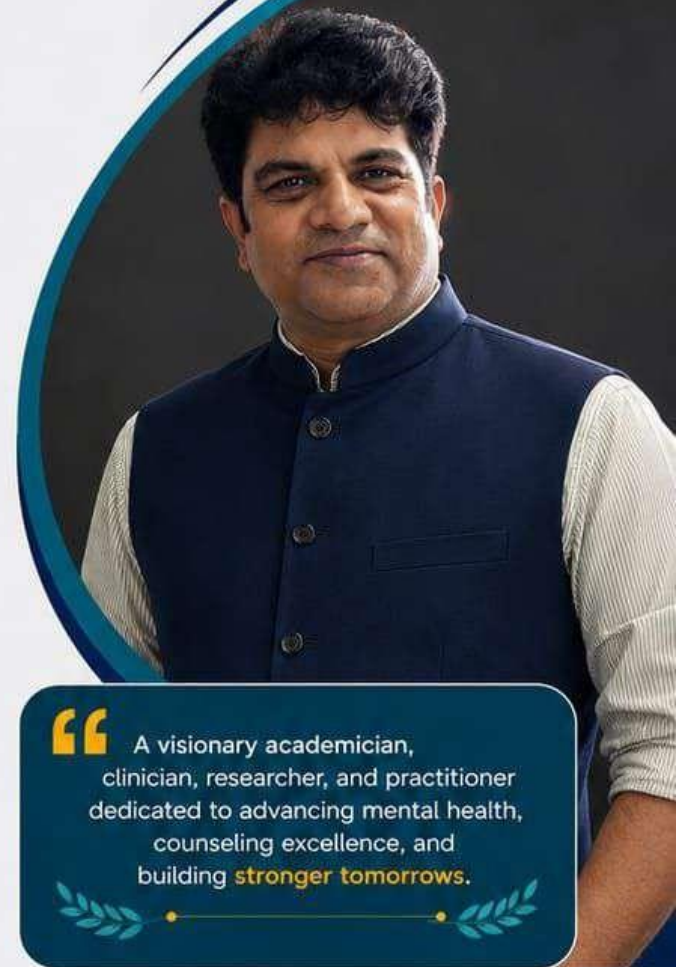
Invited speaker, resource person, and expert faculty at major national and international conferences, workshops, and academic forums.



Recognized for bridging evidence-based psychological science with real-world applications in child and adolescent mental health.



His remarkable contribution has established him as one of the leading and most respected figures in Indian Clinical Psychology and Child Mental Health Advocacy.



A visionary academician, clinician, researcher, and practitioner dedicated to advancing mental health, counseling excellence, and building **stronger tomorrows**.



11 JULY 2026
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KUNDAN VIDYA MANDIR,
LUDHIANA, PUNJAB

HIS IMPACT. OUR FUTURE.



20+

YEARS OF CLINICAL,
ACADEMIC & RESEARCH
EXCELLENCE



NATIONAL EXPERT

CBSE | ICMR | RCI
& MANY MORE



AUTHOR OF

DOZENS OF BOOKS &
PROFESSIONAL RESOURCES



KEYNOTE SPEAKER

AT NATIONAL &
INTERNATIONAL FORUMS



ADVOCATE FOR

CHILD & ADOLESCENT
MENTAL HEALTH

WHY PARTNER WITH US

This is your opportunity to position your brand in front of key decision-makers in education and counselling, showcase your solutions, and be part of a movement that shapes the future of student well-being and institutional excellence.

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ABOUT THE SPEAKER

MRS. GEETA MEHROTRA



Senior Master Trainer in Life Skills Development, Resilience Building, and Positive Mental Health in Universities.



Academic Advisor to the Life Skills University and School Wellness Program and regularly conducts career interactions.



A Mumbai Resource Person for the Adolescent Accelerator Program at the Ministry of Education. Her Holistic approach blends psychology, life coaching, and emotional intelligence in students.



She has also developed key resource materials for regional and national academic initiatives.



As a National Resource Person for CBSE, NCERT, NCPDR, UNICEF, and Manodhi, she's helped shape student well-being programs and teacher empowerment through evidence-based approaches.



Known for her expertise in 21st-century education, Mrs. Mehrotra continues to inspire educators nationally and holds numerous accolades.



Empowering educators and adolescents with life skills, resilience, and the right support systems to build healthier minds and stronger futures.



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KUNDAN VIDYA MANDIR,
LUDHIANA, PUNJAB

HER IMPACT, OUR FUTURE



EXPERT TRAINER
IN LIFE SKILLS &
MENTAL WELL-BEING



NATIONAL RESOURCE PERSON
FOR TOP EDUCATIONAL
BODIES



CAREER WELLNESS
CHAMPION FOR SCHOOLS,
COLLEGES & UNIVERSITIES



PIONEER IN
ADOLESCENT & PEER
WELLNESS PROGRAMS



ADVOCATE FOR
EMOTIONAL HEALTH
IN EDUCATION

WHY PARTNER WITH US?

This is your opportunity to align your brand with a value-driven movement that empowers educators, strengthens your schools, and be part of an experience that shapes the future.
Your support helps create real change in schools and communities.

LET'S COLLABORATE FOR A BETTER, STRONGER, AND HEALTHIER TOMORROW!



LEARN
From Experts,
Drive Knowledge



CONNECT
With Educators,
Create Networks



GROW
Program Impact,
Build Change



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KUNDAN VIDYA MANDIR,
LUDHIANA, PUNJAB

ABOUT THE SPEAKER

MR. SURINDER SHARMA

-  A Gold Medalist in M.A Psychology from Punjabi University Patiala, Punjab.
-  Completed PG Diploma in Counselling Psychology in 2005. Affiliate Member of (APA) American Psychological Association.
-  Industrial Psychologist in Corporate HR for 5 years in Trident Group, Punjab.
-  Since 2013 onwards working as Counselor in the Department of Psychology Resource Centre (PRC) in SCERT UT Chandigarh.
-  Member IAHIP (Indian Association of Health Psychology) and Member, National Mental Health Task Force for providing tele-counselling services during COVID-19 from Union Territory Chandigarh.
-  Master Trainer – Prevention of Drug Abuse Project (Ministry of Social Justice & Empowerment, GOI), Master Trainer – AEP (Adolescent Education Program, NCERT), Master Trainer – School Health & Wellness Program (NCERT, GOI), Master Trainer for Teacher Training Programme and Inclusive Education.
-  Working in the field of Psychometric Assessment & Career Counselling, Adolescent Education Program (AEP), Adolescent Mental Health & Wellbeing, Rehabilitation, Life Skill Training, Stress Management Training, State Resource Trainer for Chandigarh under NCPCR.
-  Has been taking numerous lectures in In-service Teacher Training Programs for Army, KVS, Airforce Schools, Central and many Private & Govt. Schools of Chandigarh and nearby regions.
-  He has supervised more than 500 interns in the field of Guidance at SCERT in Career Counselling / Behavioural Counselling, and has more than 20 years of experience in Career Counselling, Mental Health, and Industrial Psychology. Received Commendation Award for outstanding services in the field by SCERT in the year 2022.



“ Empowering individuals with the right guidance, skills, and support systems to build resilient minds and fulfilling futures. ”

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LUDHIANA, PUNJAB

HIS IMPACT, OUR FUTURE.


20+
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IN COUNSELLING,
MENTAL HEALTH &
INDUSTRIAL PSYCHOLOGY


MASTER TRAINER
FOR NATIONAL
PROGRAMS & INITIATIVES


EXPERT IN
ADOLESCENT MENTAL
HEALTH & WELLBEING


STATE RESOURCE TRAINER
UNDER NCPCR,
CHANDIGARH


500+ INTERNS
GUIDED & MENTORED
IN CAREER & BEHAVIOURAL
COUNSELLING

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Empower growth.
Create impact.

COUNSELLORS MEET 2026



CORE ORGANISING TEAM

Organising Committee



PATRON

Mr. Pankaj Joshi



ORGANISING CHAIRPERSON

Dr. Tarlochan Singh



ORGANISING SECRETARY

Ms. Shikha Verma



CO-ORGANISING SECRETARY

Ms. Jasmine Verma



LIAISONING COORDINATOR

Mr. Mandeep Singh



COORDINATOR

Ms. Tripleen Kaur



COORDINATOR

Mr. Sarthak Dua



COORDINATOR

Ms. Srijan Shahpuri



Register Here

REGISTRATION FEE:

₹999/-



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